

WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

| 10KM RACE | | | | | |
|-------------------|------------|---------------|-------------------------------------|---------------|-----------------|
| Name | Age | Gender | Club | Bib No | Ind Time |
| ADAM THOMAS | 28 | M | CORNWALL ATHLETIC CLUB | 425 | 32,29 |
| STEVEN ROBINSON | 26 | M | ST EDMUNDS PACERS | 363 | 33,09 |
| CARL PREWER | 39 | M | LOWESTOFT ROAD RUNNERS | 293 | 33,20 |
| WESLEY BENTON | 29 | M | SUDBURY JOGGERS | 296 | 33,31 |
| DANIEL DAVID MOSS | 20 | M | THE GAS SHOP | 315 | 35,18 |
| NICK SMITH | 35 | M | CLOPTON EMU BREEDERS | 372 | 36,13 |
| STEVE BATES | 37 | M | COLTISHALL JAGUARS | 226 | 36,39 |
| GOY ROPER | 47 | M | NORWICH ROADRUNNERS | 426 | 37,08 |
| THOMAS JARRETT | 35 | M | IPSWICH JAFFA | 361 | 37,15 |
| ROGER STONE | 41 | M | FELIXSTOWE ROAD RUNNERS | 331 | 37,31 |
| GARY THOMPSON | 35 | M | IPSWICH JAFFA | 344 | 37,35 |
| MARK PINNEY | 45 | M | FELIXSTOWE ROAD RUNNERS | 220 | 37,57 |
| JAMES POWLEY | 15 | M | IPSWICH JAFFA | 270 | 38,02 |
| ALISTAIR DICK | 46 | M | IPSWICH JAFFA | 389 | 38,07 |
| JONATHAN LING | 18 | M | | 376 | 38,12 |
| SEAN JERMY | 21 | M | GREAT YARMOUTH ROAD RUNNERS | 264 | 38,32 |
| JONATHAN DAVY | 53 | M | FELIXSTOWE ROAD RUNNERS | 283 | 38,38 |
| CLIVE THOMAS | 47 | M | GREAT BENTLEY RC | 370 | 38,38 |
| NEIL DABLE | 41 | M | IPSWICH JAFFA | 393 | 38,40 |
| BRYAN REID | 42 | M | ST EDMUNDS PACERS | 267 | 38,43 |
| TRACEY CURL | 47 | F | NORWICH ROADRUNNERS | 427 | 38,52 |
| DARREN EDRIDGE | 41 | M | COLTISHALL JAGUARS | 256 | 39,06 |
| MARK HAYNES | 32 | M | COLTISHALL JAGUARS | 411 | 39,06 |
| STUART GREEN | 49 | M | STOWMARKET STRIDERS | 236 | 39,11 |
| TIM HANMAN | 38 | M | | 414 | 39,14 |
| SIMON HARRISON | 35 | M | IPSWICH JAFFA | 380 | 39,15 |
| VALERIE GLADWELL | 34 | F | HADLEIGH HARES | 330 | 39,30 |
| MARK FORD | 42 | M | FELIXSTOWE ROAD RUNNERS | 248 | 39,31 |
| BILL WATSON | 43 | M | READING ROADRUNNERS | 385 | 39,36 |
| JIM HARDWICKE | 44 | M | | 351 | 39,38 |
| CLIVE JONES | 52 | M | GREAT BENTLEY RC | 368 | 39,50 |
| ROB GITTOES | 28 | M | | 416 | 39,59 |
| RICHARD SMITH | 48 | M | WOODBIDGE SHUFFLERS | 420 | 40,20 |
| DAVID MOSS | 31 | M | NIMROD | 340 | 40,24 |
| CARL THOMPSON | 36 | M | | 317 | 40,29 |
| PAUL MARSHALL | 50 | M | | 391 | 40,41 |
| SHAUN LARK | 33 | M | LOWESTOFT ROAD RUNNERS | 364 | 40,49 |
| KIRSTYADDY | 17 | F | SAXONS | 415 | 40,49 |
| SIMON MEECHAM | 38 | M | IPSWICH JAFFA | 434 | 40,50 |
| GREGG MARSHALL | 57 | M | TREASURY RC | 295 | 40,54 |
| WILL HARDCASTLE | 26 | M | CLOPTON EMU BREEDERS | 418 | 41,00 |
| KER MACROSSON | 54 | M | IPSWICH JAFFA | 336 | 41,04 |
| GARY BROWN | 41 | M | | 326 | 41,09 |
| JONATHAN BAILEY | 15 | M | IPSWICH HARRIERS | 297 | 41,10 |
| TONYA ANTONIS | 41 | F | IPSWICH HARRIERS | 408 | 41,12 |
| PIERS LEWIS | 34 | M | | 369 | 41,16 |
| MARK WOMACK | 39 | M | LOWESTOFT ROAD RUNNERS | 321 | 41,24 |
| GRAHAM COULTER | 35 | M | IPSWICH TRIATHLON CLUB | 371 | 41,33 |
| VAL JENNINGS | 45 | F | IPSWICH JAFFA | 318 | 41,34 |
| ANDREW BUDD | 50 | M | CAPEL CHEETAS | 305 | 41,42 |
| MEL HUGHES | 46 | M | | 271 | 41,58 |
| ROGER ACKERLEY | 51 | M | WOODBIDGE SHUFFLERS | 313 | 42,08 |
| PAUL WIGENS | 50 | M | WOODBIDGE SHUFFLERS | 387 | 42,41 |
| SCOTT SHERMAN | 17 | M | STOWMARKET STRIDERS | 263 | 42,57 |
| GARY LOWE | 52 | M | | 257 | 42,58 |
| GAIL PRYKE | 49 | F | IPSWICH JAFFA | 394 | 42,59 |
| VICTOR BROOKS | 40 | M | FELIXSTOWE ROAD RUNNERS | 388 | 43,11 |
| TOM GRIFFITHS | 35 | M | WALDRINGFIELD BASSETT HOUND CHASERS | 377 | 43,23 |
| JUSTIN HENDER | 38 | M | IPSWICH JAFFA | 233 | 43,29 |
| ERIC HEMPSTEAD | 40 | M | THE GAS SHOP | 431 | 43,36 |
| CHRIS SCRIMSHIRE | 60 | M | WOODBIDGE SHUFFLERS | 407 | 43,45 |
| W BIRCH | 43 | M | | 445 | 43,55 |
| MIKE HILL | 59 | M | | 223 | 44,00 |
| SIMON GOLDSMITH | 35 | M | | 203 | 44,07 |
| ROB CLAYTON | 52 | M | FELIXSTOWE ROAD RUNNERS | 255 | 44,16 |
| TIM LARKE | 36 | M | | 280 | 44,23 |

WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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|--------------------|----|---|-------------------------------------|-----|-------|
| MARK GOODWIN | 37 | M | | 360 | 44,25 |
| NEIL HIGGINS | 35 | M | | 350 | 44,45 |
| MARK LANCASTER | 41 | M | FELIXSTOWE ROAD RUNNERS | 382 | 44,52 |
| STEVEN BROOKE | 41 | M | FELIXSTOWE ROAD RUNNERS | 251 | 44,55 |
| NICOLA KNOTT | 41 | F | STOWMARKET STRIDERS | 316 | 45,02 |
| MARK ANDREWS | 42 | M | | 298 | 45,04 |
| FIONA MUMFORD | 36 | F | SUDBURY JOGGERS | 237 | 45,09 |
| MARK SARGEANTSON | 56 | M | FRAMLINGHAM FLYERS | 381 | 45,25 |
| RICHARD FLUTTER | 42 | M | | 303 | 45,28 |
| MARTIN LARNER | 41 | M | | 439 | 45,31 |
| WILLIAM CATCHPOLE | 50 | M | IPSWICH TRI CLUB | 206 | 45,36 |
| NIKKI BENNETT | 42 | F | | 354 | 45,38 |
| CHRIS RALPH | 47 | M | | 338 | 45,39 |
| PAUL BARRELL | 45 | M | WALDRINGFIELD BASSETT HOUND CHASERS | 386 | 45,42 |
| V BRADLEY | 40 | M | THE GAS SHOP | 399 | 45,47 |
| COLIN SHAW | 41 | M | | 231 | 46,06 |
| DAVID RALPH | 44 | F | | 339 | 46,11 |
| CALUM EADIE | 17 | M | IPSWICH JAFFA | 279 | 46,15 |
| ANDREW GOULOBORN | 47 | M | IPSWICH JAFFA | 352 | 46,17 |
| OLIVER SOUTHGATE | 35 | M | IPSWICH JAFFA | 428 | 46,21 |
| ABIGAIL PATON | 32 | F | STOWMARKET STRIDERS | 432 | 46,21 |
| RICHARD FELLINGHAM | 61 | M | STOWMARKET STRIDERS | 329 | 46,29 |
| MARTIN ABLETT | 38 | M | STOWMARKET STRIDERS | 375 | 46,33 |
| MICK SEARS | 53 | M | WOODBIDGE SHUFFLERS | 306 | 46,45 |
| RICHARD EATON | 42 | M | WALDRINGFIELD BASSETT HOUND CHASERS | 378 | 46,47 |
| JORDAN BAILEY | 16 | M | | 239 | 46,53 |
| GARY SADLER | 31 | M | | 282 | 47,10 |
| SARAH JAY | 43 | F | COLTISHALL JAGUARS | 224 | 47,20 |
| JOHN FORKES | 64 | M | EVAC | 304 | 47,24 |
| PAUL GRANGE | 25 | M | | 396 | 47,27 |
| DAVID INGLEBY | 56 | M | HADLEIGH HARES | 218 | 47,36 |
| JAMES LEWIS | 36 | M | | 359 | 47,37 |
| TINA BELSOM | 45 | F | STOWMARKET STRIDERS | 319 | 47,44 |
| BRYAN KLUG | 49 | M | | 409 | 47,50 |
| ELIZABETH WELLBORN | 49 | F | IPSWICH HARRIERS | 397 | 47,51 |
| AMANDA MALLETT | 43 | F | IPSWICH TRI CLUB | 286 | 47,54 |
| PETER CHADWICK | 42 | M | REALBUZZ.COM | 259 | 47,56 |
| DAVID PUNT | 55 | M | BUNGAY BLACK DOG RUNNING CLUB | 421 | 48,06 |
| RONAN DOORLY | 49 | M | | 441 | 48,07 |
| DAVID PITT | 28 | M | IPSWICH JAFFA | 242 | 48,20 |
| BARNABY MILLS | 33 | M | | 287 | 48,23 |
| JOHN PENNY | 54 | M | | 429 | 48,26 |
| EMILY HANNANT | 20 | F | COLTISHALL JAGUARS | 328 | 48,36 |
| FIONA HUNT | 37 | F | IPSWICH JAFFA | 435 | 48,40 |
| DANIEL JONES | 22 | M | | 307 | 48,43 |
| JENNIFER EVANS | 31 | F | | 327 | 48,44 |
| P COLEY | 60 | M | IPSWICH JAFFA | 402 | 48,52 |
| DAVID LEVANS | 47 | M | FELIXSTOWE ROAD RUNNERS | 358 | 48,53 |
| LYDIA HARDCASTLE | 23 | F | CLOPTON EMU BREEDERS | 417 | 48,54 |
| WENDY QUANTRILL | 36 | F | IPSWICH TRIATHLON CLUB | 440 | 49,04 |
| WILLIAM BURDETT | 47 | M | STOWMARKET STRIDERS | 261 | 49,09 |
| KIRSTIN HAMILTON | 16 | F | IPSWICH HARRIERS | 444 | 49,12 |
| DAVID HUTCHEON | 65 | M | COLTISHALL JAGUARS | 299 | 49,13 |
| ZELKOVA MIRLRA | 29 | F | | 246 | 49,18 |
| DEREK KEEBLE | 43 | M | | 222 | 49,22 |
| KIRSTY THORNDYKE | 22 | F | IPSWICH HARRIERS | 314 | 49,32 |
| NIGEL BOND | 60 | M | | 225 | 49,34 |
| BERT HATCHER | 67 | M | IPSWICH JAFFA | 310 | 49,41 |
| TONY ADOLPHUS | 51 | M | IPSWICH JAFFA | 400 | 49,43 |
| JUSTIN THURKETTLE | 38 | M | | 404 | 50,05 |
| REBECCA CLARE | 43 | F | | 308 | 50,24 |
| MIKE LINNETT | 44 | M | | 423 | 50,33 |
| PETER BULTZ | 50 | M | | 212 | 50,41 |
| ALEX WILSON | 38 | M | SUDBURY JOGGERS | 362 | 50,41 |
| DAVID DIXON | 58 | M | | 281 | 50,42 |
| KATRINA BURROUGHS | 43 | F | SERPENTINE | 437 | 50,43 |
| ROGER GARNETT | 52 | M | MARTLESHAM LEISURE | 348 | 50,48 |
| IRIS CARR | 37 | F | | 291 | 50,50 |

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|---------------------|----|---|-------------------------|-----|-------|
| TIM FITZGERALD | 33 | M | | 390 | 50,52 |
| JOHN WEBB | 61 | M | | 442 | 51,03 |
| RICHARD ATTENBORROW | 58 | M | | 320 | 51,23 |
| SALLY SHERINGTON | 50 | F | | 446 | 51,26 |
| TOM BEVAN | 23 | M | | 448 | 51,29 |
| ZONJA BUNN | 42 | F | | 204 | 51,30 |
| MICK TAYLOR | 56 | M | | 443 | 51,30 |
| BEN WALL | 23 | M | | 447 | 51,40 |
| OLIVER MOORMAN | 29 | M | | 403 | 52,00 |
| SUZIE KENT | 57 | F | | 335 | 52,03 |
| CHARLIE STANNETT | 53 | M | IPSWICH TRIATHLON CLUB | 356 | 52,16 |
| JONATHAN WILDING | 41 | M | FELIXSTOWE ROAD RUNNERS | 250 | 52,24 |
| RONEL VAN DER MERWE | 51 | F | | 266 | 52,30 |
| CAROLINE PORTER | 46 | F | GREAT BENTLEY RC | 373 | 52,36 |
| KATE LLOYD | 34 | F | | 302 | 52,42 |
| JOANNE MARSHALL | 52 | F | FRAMLINGHAM FLYERS | 294 | 52,44 |
| SALLY CONNICK | 33 | F | | 342 | 52,44 |
| KEITH FISHER | 48 | M | | 422 | 52,46 |
| BRENDA HUTCHEON | 61 | F | COLTISHALL JAGUARS | 300 | 52,59 |
| KIRSTY RICE | 35 | F | | 395 | 53,15 |
| JO NORTON | 47 | M | STOWMARKET STRIDERS | 413 | 53,18 |
| ASHTON HUNT | 41 | M | | 436 | 53,20 |
| LAUREN STEVENS | 22 | F | | 215 | 53,22 |
| CAROLINE RINDER | 42 | F | | 258 | 53,25 |
| LEANNE THORNDYKE | 25 | F | IPSWICH HARRIERS | 332 | 53,25 |
| TARNIA ROBERTSON | 40 | F | UFFORD PARK | 265 | 53,36 |
| CAROL EDWORTHY | 41 | F | | 244 | 53,45 |
| IMOLA VIRGINAS | 40 | F | | 333 | 53,57 |
| IAN AKERS | 32 | M | | 214 | 54,02 |
| MARK BEARN | 39 | M | | 424 | 54,05 |
| JAYNE FARNWORTH | 53 | F | FELIXSTOWE ROAD RUNNERS | 254 | 54,10 |
| TERESA BAILEY | 42 | F | | 240 | 54,40 |
| BOTOND VIRGINAS | 43 | M | | 334 | 55,14 |
| VAUGHAN FREEMAN | 54 | M | | 343 | 55,17 |
| CATHERINE BROOKS | 50 | F | IPSWICH TRIATHLON CLUB | 412 | 55,17 |
| JIM BROWN | 38 | M | | 301 | 55,21 |
| ZOILA REYES | 54 | F | | 392 | 55,21 |
| PAUL AUDILEY | 40 | M | | 438 | 55,28 |
| ANNITA MIDDLEDITCH | 36 | F | | 312 | 55,33 |
| KAREN EASTON | 48 | F | WOODBIDGE SHUFFLERS | 410 | 55,39 |
| ALEXANDRA CURTIS | 33 | F | | 243 | 55,40 |
| CHARLOTTE CURTIS | 30 | F | | 384 | 55,40 |
| PETER FRYER | 65 | M | | 211 | 55,54 |
| ANDREA MCNALLY | 54 | F | WOODBIDGE SHUFFLERS | 406 | 55,58 |
| JANE AUDSLEY | 38 | F | | 273 | 56,00 |
| LOUISE GOULBORN | 43 | F | | 353 | 56,23 |
| MICHAEL FLOWER | 34 | M | NORFOLK POLICE AC | 322 | 56,30 |
| ANGELA BURDETT | 42 | F | STOWMARKET STRIDERS | 262 | 56,36 |
| ALAN SANSOM | 42 | M | | 430 | 56,38 |
| IAN LIGHTFOOT | 27 | M | WOODBIDGE SHUFFLERS | 419 | 56,49 |
| CHER MILBOURNE | 39 | F | IPSWICH JAFFA | 217 | 56,53 |
| CAROLINE BROOKS | 24 | F | | 278 | 56,58 |
| MAURICE MCQUITTY | 48 | M | | 341 | 57,04 |
| CHERYL DEITCH | 56 | F | | 209 | 57,14 |
| ANDREW GORDON | 31 | M | FELIXSTOWE ROAD RUNNERS | 249 | 57,29 |
| KATE JOHNSTONE | 28 | F | | 347 | 57,39 |
| PETER SMITH | 28 | M | | 346 | 57,40 |
| KATE PEARSALL | 26 | F | | 241 | 57,42 |
| HAZEL TAYLOR | 37 | F | NORFOLK POLICE AC | 323 | 57,48 |
| RICHARD FARNWORTH | 55 | M | FELIXSTOWE ROAD RUNNERS | 253 | 58,07 |
| PAUL KELLY | 68 | M | | 355 | 58,12 |
| SARAH FRYER | 38 | F | | 213 | 58,19 |
| KIRK WYTHE | 42 | M | IPSWICH JAFFA | 383 | 58,21 |
| PETER ADAMS | 62 | M | | 349 | 58,23 |
| PAUL HUTSON | 28 | M | | 405 | 58,25 |
| CARINA STEENKAMP | 25 | F | | 367 | 58,26 |
| AVERILL MEW | 53 | F | WOODBIDGE SHUFFLERS | 401 | 58,30 |
| BRIAN NELSON | 62 | M | | 216 | 58,33 |

WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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|---------------------------|----|---|-------------------------------|-----|-------|
| HELEN EDWARDS | 44 | F | | 234 | 58,43 |
| TESSA CATCHPOLE | 50 | F | IPSWICH TRI CLUB | 207 | 59,13 |
| ROY BROWN | 65 | M | | 324 | 59,36 |
| BETH BROWN | 64 | F | | 325 | 59,56 |
| ADAM COLE | 26 | M | | 288 | 60,06 |
| STEPHEN SHAW | 36 | M | | 269 | 60,09 |
| MANDY SPURGEON | 45 | F | | 238 | 61,09 |
| DAVIV LOADES | 59 | M | STOWMARKET STRIDERS | 292 | 61,13 |
| BRIAN TURNER | 71 | M | IPSWICH JAFFA | 232 | 61,42 |
| KEITH PORTER | 58 | M | GREAT BENTLEY RC | 374 | 61,49 |
| JULIA SHAW | 37 | F | | 268 | 61,58 |
| DEBBIE CRICK | 45 | F | | 433 | 62,01 |
| JACQUES GROEN | 61 | M | BUNGAY BLACK DOG RUNNING CLUB | 398 | 63,17 |
| SHEILA MEARA | 42 | F | | 235 | 68,48 |
| LINDA THRIFT | 55 | F | | 309 | 68,54 |
| JANE LING | 48 | F | | 365 | 70,06 |
| DAVID MANNING | 51 | M | | 366 | 70,06 |
| ELAINE MITCHELL | 60 | F | CASTLE POINT JOGGERS | 345 | 72,58 |
| HELEN RANKIN | 42 | F | | 311 | DF |
| ANDREW LING | 15 | M | | 379 | DF |
| CHARLOTTE TURPIN | 32 | F | | 201 | |
| ANNA BURTON | 29 | F | | 202 | |
| NEAL GOLDSMITH | 32 | M | IPSWICH JAFFA | 205 | DNR |
| PAT PIPE | 50 | F | | 208 | |
| NIKKI BROME (NOT RUNNING) | 38 | F | | 210 | DNR |
| LYNSEY TABRETT | 28 | F | | 219 | |
| EMMA MORTIMER | 18 | F | IPSWICH JAFFA | 221 | |
| GILLIAN DUFF | 44 | F | | 227 | |
| G PRICE | 49 | F | | 228 | |
| ADAM EATON | 43 | M | | 229 | |
| ALOK RUIA | 45 | M | WOODBIDGE SHUFFLERS | 230 | |
| JONATHAN KENT | 38 | M | | 245 | |
| STEVEN MORRIS | 40 | M | | 247 | |
| ANDREW PAUL MOREY | 36 | M | FELIXSTOWE ROAD RUNNERS | 252 | |
| MARK SLY | 50 | M | WOODBIDGE SHUFFLERS | 260 | |
| DEAN LUSHINGTON | 22 | M | | 272 | |
| COMPETITOR WITHDREW | | | | 274 | DNR |
| NICOLA DAWSON | 42 | F | | 275 | |
| PAUL DAWSON | 46 | M | | 276 | |
| PETER DOWNING | 57 | M | | 277 | |
| KEV DRIVER | 43 | M | | 284 | |
| CLIVE STEWARD | 48 | M | COLTISHALL JAGUARS | 285 | |
| KATHRYN GALBRAITH | 45 | F | | 289 | |
| PETER OLDMAN | 70 | M | | 290 | |
| MICHAEL BECKETT | 59 | M | GREAT BENTLEY RC | 337 | DNR |
| KATE STANNETT | 48 | F | IPSWICH TRIATHLON CLUB | 357 | |
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WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

| FUN RUN | | | | | |
|----------------------|------------|---------------|-------------------------------------|---------------|-----------------|
| Name | Age | Gender | Club | Bib No | Ind Time |
| CHRISTOPHER MORTON | 12 | M | STOWMARKET STRIDERS | 1 | 10,50 |
| SAM ALLEN | 11 | M | | 20 | 11,21 |
| ALISTAIR GUTE | 13 | M | IPSWICH TRI CLUB | 25 | 11,28 |
| FLORIAN KANZOW | 14 | M | | 26 | 12,08 |
| KATIE PEAKE | 12 | F | IPSWICH HARRIERS | 81 | 12,09 |
| CHRIS GASKIN | 13 | M | | 41 | 12,38 |
| CONOR WAKEMAN | 11 | M | IPSWICH JAFFA | 19 | 12,39 |
| COLLUM FRAY | 12 | M | IPSWICH JAFFA | 63 | 12,39 |
| OLIVER JOHNS | 12 | M | IPSWICH JAFFA | 8 | 12,41 |
| ASHLEY HORNE | 12 | M | | 74 | 12,44 |
| CHARLOTTE WICKENS | 12 | F | | 15 | 12,46 |
| SEBASTIAN LUPTON | 13 | M | | 102 | 12,50 |
| SAMUEL MARSH | 13 | M | | 39 | 12,52 |
| LAUREN GRUBB | 10 | F | | 9 | 13,06 |
| JAMES PEARSON | 12 | M | | 43 | 13,08 |
| LUCY PEAKE | 10 | F | IPSWICH HARRIERS | 79 | 13,09 |
| ANDREW GASKIN | 9 | M | | 42 | 13,15 |
| JAMIE SMITH | 8 | M | | 91 | 13,15 |
| THEO MARSH | 10 | M | | 38 | 13,23 |
| BEN POWLEY | 12 | M | | 73 | 13,26 |
| NATHAN GODDARD | 7 | M | | 88 | 13,33 |
| MARK GODDARD | 45 | M | | 89 | 13,33 |
| CHRISTOPHER SHEPPARD | 9 | M | ST EDMUNDS PACERS | 93 | 13,39 |
| ROSE MORTIMER | 10 | F | IPSWICH JAFFA | 6 | 13,44 |
| EWAN RALPH | 11 | M | | 113 | 13,51 |
| ALEX PEARSON | 9 | M | | 44 | 13,52 |
| TEDDY COPPER | 9 | M | | 58 | 13,53 |
| JAMES BARRELL | 9 | M | WALDRINGFIELD BASSETT HOUND CHASERS | 66 | 13,53 |
| ANNABELLE LUPTON | 11 | F | | 22 | 14,04 |
| CARA DESSAUR | 9 | F | | 12 | 14,06 |
| HOWARD CRICK | 10 | M | | 105 | 14,22 |
| CALLUM STONE | 12 | M | | 45 | 14,23 |
| LELLA RALPH | 10 | F | | 115 | 14,23 |
| EMMA AUDSLEY | 11 | F | IPSWICH JAFFA | 21 | 14,31 |
| JUSTIN CLAMP | 11 | M | | 70 | 14,31 |
| JOSEPH HODGE | 8 | M | | 90 | 14,32 |
| GEORGE WATTING | 13 | M | | 40 | 14,35 |
| RYAN MURPHY | 11 | M | | 71 | 14,40 |
| ZOE SMYTHE | 14 | F | | 95 | 14,42 |
| ANDREW SMYTHE | 8 | M | | 94 | 14,46 |
| GEORGE LANCASTER | 13 | M | IPSWICH JAFFA | 69 | 14,55 |
| SARAH LLEWELLYN | 9 | F | | 18 | 14,59 |
| LEO CARR | 6 | M | | 109 | 15,10 |
| ALEX WATSON | 9 | M | | 65 | 15,12 |
| MIRI BUDD | 10 | F | IPSWICH HARRIERS | 27 | 15,15 |
| NATHAN CLAMP | 8 | M | | 108 | 15,19 |
| EDWARD SHEPPARD | 7 | M | | 92 | 15,21 |
| RACHEL SMYTHE | 12 | F | STOWMARKET STRIDERS | 96 | 15,21 |
| MAX HUNT | 8 | M | | 103 | 15,26 |
| WILL DRIVER | 16 | M | | 23 | 15,31 |
| JOSHUA WOMACK | 9 | M | | 57 | 15,35 |
| OLIVER DABLE | 10 | M | IPSWICH JAFFA | 77 | 15,35 |
| ISSY WICKENS | 9 | F | | 14 | 15,37 |
| TOBY RALPH | 12 | M | | 116 | 15,50 |
| MIA DESSAUR | 9 | F | | 13 | 16,00 |
| HARPER MILLS | 6 | M | | 24 | 16,13 |
| JONNY LLEWELLYN | 7 | M | | 16 | 16,36 |
| OSCAR HUNT | 7 | M | | 99 | 16,37 |
| JAMES GREEN | 6 | M | | 60 | 16,39 |
| JOSEPH DABLE | 9 | M | | 78 | 16,40 |
| REBECCA HORNE | 14 | F | | 75 | 16,42 |
| ELLIE RANKIN | 10 | F | | 32 | 16,46 |
| SOPHIE LUPTON | 41 | F | | 33 | 16,48 |
| HANNAH RANKIN | 9 | F | | 31 | 16,51 |
| WILL HICKS | 11 | M | | 52 | 16,51 |
| ADAM COULTER | 6 | M | | 61 | 17,14 |

WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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| KATE HUTSON | 30 | F | | 85 | 17,15 |
| ELLEN CRICK | 11 | F | | 107 | 17,16 |
| LYDIA BROOKES | 12 | F | | 76 | 17,17 |
| SARAH RALPH | 42 | F | | 112 | 17,20 |
| HETTY RALPH | 10 | F | | 114 | 17,20 |
| STACEY EAST | 11 | F | | 34 | 17,24 |
| DYLAN WATLING | 10 | M | | 97 | 17,27 |
| THOMAS O'BRIEN | 56 | M | | 54 | 17,42 |
| HARVEY GLADWELL | 6 | M | | 68 | 17,48 |
| KATHLEEN BOTHAMS | 60 | F | | 67 | 17,51 |
| BRENDA MCINERNEY | 38 | F | | 10 | 17,52 |
| GEORGE BAKER | 9 | M | | 11 | 17,52 |
| SAM GREEN | 8 | M | | 59 | 18,02 |
| CHRISTIAN HANMAN | 4 | M | | 87 | 18,10 |
| LUCY COULTER | 8 | F | IPSWICH TRIATHLON CLUB | 62 | 18,15 |
| TILLY CROWHURST | 9 | F | | 72 | 18,21 |
| EMMA PEAKE | 14 | F | IPSWICH JAFFA | 80 | 18,29 |
| CHARLIE WATSON | 7 | M | | 64 | 18,34 |
| ELISE WALNE | 9 | F | | 47 | 18,42 |
| ANISHA MARTINS | 7 | F | | 98 | 18,59 |
| EMILY KEEBLE | 9 | F | | 3 | 19,34 |
| PAUL WOODWARD | 34 | M | | 35 | 19,41 |
| ERIN SCARCE | 8 | F | | 53 | 19,41 |
| SAMUEL WOODWARD | 6 | M | | 36 | 19,44 |
| RICHARD HEWITT | 40 | M | | 55 | 19,50 |
| RHIANNON HEWITT | 10 | F | | 56 | 19,50 |
| ALEX HUNT | 6 | M | | 101 | 19,59 |
| NATASHA GOLDSMITH | 16 | F | | 84 | 20,13 |
| MILLIE WALNE | 8 | F | | 50 | 20,14 |
| URSULA GOLDSMITH | 52 | F | | 82 | 20,16 |
| MARK GOLDSMITH | 50 | M | | 83 | 20,16 |
| SIMON CRICK | 43 | M | | 104 | 20,29 |
| HEATHER CRICK | 7 | F | | 106 | 20,29 |
| KIRSTY CRUICKSHANKS | 40 | F | | 110 | 21,45 |
| EMMA CRUICKSHANKS | 6 | F | | 111 | 21,45 |
| SHARON STAFFORD | 35 | F | | 29 | 23,30 |
| FLEUR WALNE | 10 | F | | 49 | 24,12 |
| LINDA KEEBLE | 40 | F | | 5 | 24,18 |
| KATIE HIGGINS | 6 | F | | 46 | 24,21 |
| DEMI WALNE | 6 | F | | 48 | 24,22 |
| JASON WALNE | 39 | M | | 51 | 24,22 |
| RUBY HUNT | 4 | F | | 100 | 25,09 |
| MEGAN KEEBLE | 11 | F | | 4 | 25,28 |
| IEUAN ALLDIS | 12 | M | ST EDMUNDS PACERS | 2 | |
| HENRY JAMES | 10 | M | | 7 | |
| ROBYN LLEWELLYN | 44 | F | | 17 | |
| RUBY BUDD | 14 | F | IPSWICH HARRIERS | 28 | |
| AMY MIDDLEDITCH | 10 | F | | 30 | |
| KERRY KNOTT | 12 | F | ST EDMUNDS PACERS | 37 | |
| ZARA HANMAN | 6 | F | | 86 | |
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WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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WOODBIDGE AND DISTRICT LIONS CLUB
RESULTS - MARTLESHAM HEATH 10KM RACE AND FUN RUN 11 OCTOBER 2009

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