

It may have been easier to call this race nil and void due to the huge amount of mistakes made in the finish funnels.

I have done my best to sort the finishing positions using video footage that was taken.

I hope I have put everyone in their right positions (but there was a lot of swapping positions in the finish funnels) with the correct times.

### ONE FINAL NOTE "Don't shoot the messenger"

#### Finalised Results

For the purpose of the series results, John Oakes is Male Master 50

Pos	Time	No	First Name	Surname	Club Name	Category
1	00:26:39	22	James	Powley	Ipswich Harriers	Male Junior
2	00:27:00	461	Chris	Sellers	Colchester Harriers AC	Male Senior
3	00:27:15	472	Daniel	Moss	Unattached	Male Senior
4	00:27:19	381	Macauley	Delo	West Suffolk A.C.	Male Junior
5	00:27:24	189	Gavin	Davies	Ipswich JAFFA	Male Senior
6	00:27:35	434	Philip	Munro	Colchester Harriers AC	Male Senior
7	00:27:45	165	Robert	Chenery	Ipswich JAFFA	Male Senior
8	00:27:56	458	Robert	Reason	Harwich Runners	Male Senior
9	00:27:59	326	Dominic	Thackery	West Suffolk A.C.	Male Senior
10	00:28:00	355	Sam	Clayton	Colchester & Tendring AC	Male Senior
11	00:28:03	482	Vincent	Coogan	Newmarket Joggers	Male Senior
12	00:28:07	325	Colin	Ridley	West Suffolk A.C.	Male Master 45
13	00:28:12	460	John	Oakes	Cambridge & Coleridge AC	Unable to place in Cat.
14	00:28:29	194	Rick	Weston	Ipswich JAFFA	Male Senior
15	00:28:36	304	Andrew	Revell	Ipswich Harriers	Male Junior
16	00:28:42	464	Brian	Herrington	Harwich Runners	Male Master 40
17	00:28:44	49	Wilfred	Cambell	Ipswich JAFFA	Male Master 45
18	00:28:45	375	Simon	Dale	Gt Bentley Running Club	Male Senior
19	00:28:47	131	Nick	Palmer	Stowmarket Striders	Male Senior
20	00:28:48	262	Peter	Golding	St Edmund Pacers	Male Master 55
21	00:28:51	463	Jonathan	Ling	Ipswich JAFFA	Male Senior
22	00:28:54	199	Tom	cresswell	Sudbury Joggers AC	Male Senior
23	00:28:58	152	Kevin	Vaughan	St Edmund Pacers	Male Master 45
24	00:29:06	202	Tom	Kingsnorth	St Edmund Pacers	Male Senior
25	00:29:09	98	Ben	Caisey	Ipswich Triathlon Club	Male Senior
26	00:29:13	319	Terry	Back	Ipswich JAFFA	Male Master 50
27	00:29:29	414	Sam Gooding-	Matthews	Harwich Runners	Male Senior
28	00:29:34	470	Neil	Wooby	Unattached	Male Senior
29	00:29:43	109	Mark	Reynard	Unattached	Male Senior
30	00:29:45	386	Adam	Cripps	West Suffolk A.C.	Male Junior
31	00:29:52	106	Gary	Thompson	Ipswich JAFFA	Male Senior
32	00:29:54	332	Tamara	Jordon	Stowmarket Striders	Female Senior
33	00:30:02	387	Roger	Stone	Felixstowe Road Runners	Male Master 40
34	00:30:06	182	David	Wright	Colchester Harriers AC	Male Master 50
35	00:30:10	366	Sebastian	Palmer	West Suffolk A.C.	Male Senior
36	00:30:17	20	Dave	Solomon	Felixstowe Road Runners	Male Master 40
37	00:30:18	306	Darren	Sheppard	Framlingham Flyers	Male Master 40
38	00:30:20	401	Mark	Rutter	Harwich Runners	Male Master 45
39	00:30:20	78	Glenn	Douglas	St Edmund Pacers	Male Senior
40	00:30:25	229	Chris	Starmer	Stowmarket Striders	Male Master 50
41	00:30:28	45	Simon	Harrison	Ipswich JAFFA	Male Senior
42	00:30:33	302	Russell	Sharp	Gt Bentley Running Club	Male Senior
43	00:30:36	120	Ben	Hammond	Harwich Runners	Male Senior
44	00:30:45	31	Paul	Preston	Sudbury Joggers AC	Male Senior
45	00:30:51	14	Carl	Ashton	Unattached	Male Senior
46	00:30:54	260	Lee	Morgan	Unattached	Male Senior
47	00:30:57	114	Mark	Hayward	Stowmarket Striders	Male Senior

48	00:30:57	273	Julian	Long	St Edmund Pacers	Male Senior
49	00:31:04	329	Joseph	Gibbon	Colchester & Tendring AC	Male Junior
50	00:31:11	205	Antony	Burt	Ipswich Triathlon Club	Male Senior
51	00:31:16	186	Alistair	Dick	Ipswich JAFFA	Male Master 45
52	00:31:16	318	Ben	Green	Ipswich Triathlon Club	Male Junior
53	00:31:18	41	Michael	Jones	Stowmarket Striders	Male Master 40
54	00:31:22	70	Paul	McClelland	Harwich Runners	Male Master 40
55	00:31:24	403	Justin	Burls	Harwich Runners	Male Master 45
56	00:31:29	124	Tim	Larke	Stowmarket Striders	Male Senior
57	00:31:30	168	Chris	Seymour	Stowmarket Striders	Male Master 40
58	00:31:33	188	John	Thorpe	Ipswich JAFFA	Male Master 40
59	00:31:46	303	Neil	Dable	Ipswich JAFFA	Male Master 40
60	00:31:48	44	Chris	Reeve	Stowmarket Striders	Male Senior
61	00:31:58	8	Neil	Gillingham	Ipswich Harriers	Male Senior
62	00:31:58	266	Nick	Hammond	Stowmarket Striders	Male Senior
63	00:31:59	220	Neil	Dinwiddle	Framlingham Flyers	Male Senior
64	00:32:00	389	Andrew	Raynor	Colchester Harriers AC	Male Master 45
65	00:32:00	478	Simon	Hance	Ipswich Triathlon Club	Male Senior
66	00:32:04	154	Andrew	Green	Stowmarket Striders	Male Master 40
67	00:32:05	396	Paul	Matthew	Unattached	Male Master 45
68	00:32:09	462	Daniel	Chan	Unattached	Male Senior
69	00:32:15	404	Paul	Nedd	Unattached	Male Master 40
70	00:32:16	379	Scott	Crawley	Gt Bentley Running Club	Male Senior
71	00:32:17	364	Simon	Nightingale	Ipswich JAFFA	Male Senior
72	00:32:19	328	Michael	Beckett	Gt Bentley Running Club	Male Master 60+
73	00:32:23	136	Kevin	Short	Framlingham Flyers	Male Master 50
74	00:32:23	280	Chris	Tye	Ipswich Triathlon Club	Male Master 40
75	00:32:27	334	Ian	Coxal	Ipswich JAFFA	Male Senior
76	00:32:30	447	Paul	Brown	Framlingham Flyers	Male Master 45
77	00:32:32	21	Robin	Harper	Felixstowe Road Runners	Male Senior
78	00:32:39	176	Daniel	Nokes	Hadleigh Hares A.C.	Male Senior
79	00:32:47	213	Warren	Birch	Ipswich JAFFA	Male Master 40
80	00:32:50	211	Richard	Flutter	Harwich Runners	Male Master 40
81	00:32:52	85	Andrew	Buck	Sudbury Joggers AC	Male Master 45
82	00:32:58	51	Marie	Shirley	Sudbury Joggers AC	Female Senior
83	00:33:01	370	Darren	Cook	Unattached	Male Master 60+
84	00:33:04	442	John	Greener	St Edmund Pacers	Male Master 40
85	00:33:04	441	Mike	Greener	St Edmund Pacers	Male Master 40
86	00:33:05	36	Steve	Brooke	Felixstowe Road Runners	Male Master 40
87	00:33:07	445	Dave	Gazer	Colchester Harriers AC	Male Senior
88	00:33:09	391	Kate	Sandercock	Colchester Harriers AC	Female Master 35
89	00:33:10	39	Chris	Chorley	Bungay Black Dog	Male Master 45
90	00:33:15	324	Ben	Gemmell	Unattached	Male Senior
91	00:33:18	297	David	Edwards	Cambridge & Coleridge AC	Male Master 50
92	00:33:20	275	Michael	Simmons	Gt Bentley Running Club	Male Master 45
93	00:33:25	438	Goerge	Soloman	Unattached	Male Junior
94	00:33:26	320	Marcus	Catlin	Ipswich JAFFA	Male Senior
95	00:33:27	153	Anthony	Chapman	Unattached	Male Senior
96	00:33:28	219	Adrian	Peake	Ipswich JAFFA	Male Master 45
97	00:33:31	487	Alan	Hart	Stowmarket Striders	Male Senior
98	00:33:33	479	Chris	Squirrell	Ipswich JAFFA	Male Senior
99	00:33:34	110	Steven	Hughes	Stowmarket Striders	Male Master 45
100	00:33:37	187	Stephen	Paul	Unattached	Male Master 45
101	00:33:38	7	Ian	Cannons	Harwich Runners	Male Senior
102	00:33:39	455	Richard	King	Unattached	Male Master 50
103	00:33:40	166	Michelle	Gordon	Felixstowe Road Runners	Female Senior
104	00:33:40	299	Michael	Fischer	St Edmund Pacers	Male Master 40
105	00:33:42	27	Rob	Harrow	Sudbury Joggers AC	Male Senior

106	00:33:42	34	Brian	Rogers	Ipswich JAFFA	Male Master 55
107	00:33:45	390	Sean	Connor	Unattached	Male Master 40
108	00:33:45	292	Paul	Rumbellow	Felixstowe Road Runners	Male Senior
109	00:33:48	206	Ker	Macrosson	Ipswich JAFFA	Male Master 55
110	00:33:50	128	Scott	Sherman	Stowmarket Striders	Male Senior
111	00:33:54	242	Stephen	Melton	Unattached	Male Senior
112	00:33:55	437	James	Taylor	Colchester Harriers AC	Male Senior
113	00:33:55	92	Gary	Low	Unattached	Male Master 50
114	00:33:58	67	Duncan	Chenery	Ipswich JAFFA	Male Master 50
115	00:33:58	222	Ronald	Benjamin	Colchester Harriers AC	Male Master 55
116	00:34:00	367	Ian	Cottee	Harwich Runners	Male Senior
117	00:34:03	244	Jonathan	Bailey	Felixstowe Road Runners	Male Junior
118	00:34:04	2	Simon	Wiggins	Felixstowe Road Runners	Male Senior
119	00:34:04	373	Lucy	Barnes	Ipswich Harriers	Female Junior
120	00:34:04	494	Kevin	Stevely	Gt Bentley Running Club	Male Senior
121	00:34:05	388	Chris	Manby	Colchester Harriers AC	Male Senior
122	00:34:07	504	Lynton	Kitchener	Unattached	Male Master 50
123	00:34:08	345	Matt	Ralph	Stowmarket Striders	Male Master 40
124	00:34:09	28	Vince	Calver	Felixstowe Road Runners	Male Master 40
125	00:34:09	11	John	Craddock	Stowmarket Striders	Male Senior
126	00:34:11	394	Steve	Whittaker	Unattached	Male Master 45
127	00:34:14	56	Robert	Hughes	St Edmund Pacers	Male Master 45
128	00:34:17	305	Howard	Revell	Unattached	Male Master 45
129	00:34:20	284	Matt	Hunter	Hadleigh Hares A.C.	Male Senior
130	00:34:20	377	Gerry	Watson	Felixstowe Road Runners	Male Master 55
131	00:34:22	66	Mark	Watts	St Edmund Pacers	Male Master 45
132	00:34:22	25	Ian	Gooderham	St Edmund Pacers	Male Master 40
133	00:34:22	177	Robert	Eldred	Unattached	Male Senior
134	00:34:22	73	Derek	Hood	Unattached	Male Senior
135	00:34:24	315	Peter	Mills	Stowmarket Striders	Male Master 55
136	00:34:26	385	David	O'Flynn	Unattached	Male Master 45
137	00:34:27	52	Mark	Vince	Woodbridge Shufflers	Male Senior
138	00:34:29	26	Emily	Gooderham	St Edmund Pacers	Female Junior
139	00:34:30	164	Adam	Mumford	Sudbury Joggers AC	Male Senior
140	00:34:32	436	Benjamin	Hudson	Unattached	Male Senior
141	00:34:33	372	Andrew	Pearce	St Edmund Pacers	Male Master 40
142	00:34:34	234	Christopher	Moulton	Sudbury Joggers AC	Male Senior
143	00:34:35	279	Cheryl	Holder	Purple Patch Runners	Female Master 40
144	00:34:37	30	Simon	Goldsmith	Unattached	Male Senior
145	00:34:38	298	Robin	Belsom	Ipswich JAFFA	Male Master 50
146	00:34:39	10	Peter	Bird	St Edmund Pacers	Male Senior
147	00:34:43	203	Andy	Forster	Felixstowe Road Runners	Male Master 50
148	00:34:46	312	Adrian	Hive	Felixstowe Road Runners	Male Master 45
149	00:34:51	254	John	Cooper	Unattached	Male Senior
150	00:34:53	475	Alistair	Goodier	Ipswich JAFFA	Male Master 40
151	00:34:53	496	Brian	Munns	Newmarket Joggers	Male Master 40
152	00:34:53	449	Fran	Norris	Colchester Harriers AC	Female Master 50
153	00:34:56	283	Jim	Withers	Newmarket Joggers	Male Master 55
154	00:35:00	493	Vicky	Reynolds	Ipswich JAFFA	Female Senior
155	00:35:02	148	Paul	Masterson	Unattached	Male Master 40
156	00:35:03	115	Jason	Hayfield	Unattached	Male Master 40
157	00:35:03	327	Wayne	Davey	Unattached	Male Master 45
158	00:35:05	374	Tim	Higgins	Ipswich JAFFA	Male Master 45
159	00:35:05	450	Brian	Airley	Hadleigh Hares A.C.	Male Master 40
160	00:35:08	197	Nicola	Pyle	Springfield Striders AC	Female Master 40
161	00:35:09	233	Andrew	Smith	Grange Farm & Dunmow Runners	Male Master 45
162	00:35:10	60	Mary	Narey	Stowmarket Striders	Female Master 40
163	00:35:11	502	Mark	Andrews	Purple Patch Runners	Male Master 45

164	00:35:20	190	Kate	Wooldridge	Ipswich JAFFA	Female Master 35
165	00:35:21	352	Mark	Downey	Unattached	Male Senior
166	00:35:27	473	Andrew	Chaplin	Unattached	Male Master 60+
167	00:35:32	253	Seth	Davis	Ipswich JAFFA	Male Senior
168	00:35:35	341	Julian	Davis	Hadleigh Hares A.C.	Male Senior
169	00:35:37	358	Matthew	Wooden	Felixstowe Road Runners	Male Senior
170	00:35:37	322	Ruth	Ward	Ipswich JAFFA	Female Senior
171	00:35:38	181	Ellie	Mayne	Colchester Harriers AC	Female Senior
172	00:35:39	62	Simon	Meecham	Ipswich JAFFA	Male Master 40
173	00:35:41	505	Andre	Besant	Unattached	Male Master 40
174	00:35:41	257	Robert	Boast	Unattached	Male Senior
175	00:35:41	4	Peter	Frost	Unattached	Male Master 40
176	00:35:42	293	Richard	Laycock	Unattached	Male Senior
177	00:35:44	501	Matt	Para	Unattached	Male Senior
178	00:35:45	314	Emily	Baker	West Suffolk A.C.	Female Senior
179	00:35:47	88	Graham	Brumpton	Unattached	Male Senior
180	00:35:48	130	Mark	Tweed	Woodbridge Shufflers	Male Master 40
181	00:35:50	350	Steve	Gray	Stowmarket Striders	Male Master 50
182	00:35:51	75	Matt	Davey	Tiptree Road Runners	Male Senior
183	00:35:56	105	Christopher	Bing	Ipswich JAFFA	Male Senior
184	00:35:58	74	Nathan	Cole	Sudbury Joggers AC	Male Senior
185	00:36:00	212	Lynn	Tanner	Springfield Striders AC	Female Master 55+
186	00:36:02	376	Kim	Reader	Felixstowe Road Runners	Female Master 40
187	00:36:03	113	Wayne	Mumford	Sudbury Joggers AC	Male Master 40
188	00:36:03	191	Gabriel	Martins	Ipswich JAFFA	Female Master 40
189	00:36:05	459	Mike	Downes	Ipswich JAFFA	Male Master 50
190	00:36:05	240	Peter	Elliott	Unattached	Male Senior
191	00:36:08	248	James	Calver	Ipswich JAFFA	Male Senior
192	00:36:07	83	Richard	Talbot	Felixstowe Road Runners	Male Master 45
193	00:36:08	13	Claire	Hoblyn	St Edmund Pacers	Female Master 45
194	00:36:09	378	Dave	Vaughan	St Edmund Pacers	Male Master 55
195	00:36:12	480	Matthew	Robinson	Capel Cheetahs	Male Senior
196	00:36:13	309	Charmaine	Deraghty	Stowmarket Striders	Female Master 35
197	00:36:14	503	Robert	Thorpe	Gt Bentley Running Club	Male Senior
198	00:36:14	419	Kevin	Hardwick	Unattached	Male Master 40
199	00:36:19	287	Paul	Dewison	Cambridge & Coleridge AC	Male Master 55
200	00:36:22	255	Chris	Johns	Ipswich JAFFA	Male Master 50
201	00:36:26	435	John	Adams	Ipswich JAFFA	Male Senior
202	00:36:28	134	Neil	Martin	Stowmarket Striders	Male Senior
203	00:36:31	424	Wayne	Kean	Halstead Road Runners	Male Master 60+
204	00:36:33	354	Lacey	Bareham	Colchester & Tendring AC	Female Senior
205	00:36:35	53	Steven	Durrant	Felixstowe Road Runners	Male Master 45
206	00:36:36	307	Richard	Soer	St Edmund Pacers	Male Master 50
207	00:36:39	405	Paul	Burrell	Unattached	Male Senior
208	00:36:43	256	Mark	Goodwin	Felixstowe Road Runners	Male Senior
209	00:36:46	413	Peter	Gooding	Harwich Runners	Male Master 60+
210	00:36:48	18	Daniel	Morgan	St Edmund Pacers	Male Senior
211	00:36:48	155	Graeme	Taylor	Gt Bentley Running Club	Male Master 50
212	00:36:49	236	Nigel	Harrison	Ipswich JAFFA	Male Master 40
213	00:36:49	471	Darren	Hart	Unattached	Male Senior
214	00:36:51	431	Peter	Reuch	Unattached	Male Senior
215	00:36:51	296	Stacey	Owen	Thetford AC	Female Senior
216	00:36:52	198	Adrian	Goode	Unattached	Male Master 45
217	00:36:54	430	John	Rednail	Stowmarket Striders	Male Senior
218	00:36:54	82	David	Fox	Felixstowe Road Runners	Male Master 50
219	00:36:56	97	Steven	Shaw	Felixstowe Road Runners	Male Master 40
220	00:36:58	215	Leon	Gillings	Unattached	Male Senior
221	00:36:59	336	Adam	Hocken	Witham RC	Male Master 45

222	00:37:01	339	James	Clayton	Run Evolve	Male Senior
223	00:37:02	361	Russell	Davey	Unattached	Male Master 40
224	00:37:04	81	Shawn	Leek	Gt Bentley Running Club	Male Senior
225	00:37:05	47	Simon	Hibbert	Unattached	Male Senior
226	00:37:10	132	Rob	Clayton	Felixstowe Road Runners	Male Master 50
227	00:37:10	343	Thomas	O'Sullivan	Run Evolve	Male Junior
228	00:37:10	119	Richard	Allport	Felixstowe Road Runners	Male Master 45
229	00:37:11	133	Emma	Mortimer	Ipswich JAFFA	Female Senior
230	00:37:13	338	Paul	Jones	Run Evolve	Male Senior
231	00:37:15	317	Simon	Green	Ipswich Triathlon Club	Male Master 55
232	00:37:15	477	Claire	Burrows	Unattached	Female Senior
233	00:37:17	468	Tim	Ryder	Unattached	Male Master 45
234	00:37:19	71	Laura	Hicks	Stowmarket Striders	Female Senior
235	00:37:19	288	Fred	Boggis	Woodbridge Shufflers	Male Master 50
236	00:37:19	365	Philip	Southgate	St Edmund Pacers	Male Master 40
237	00:37:20	506	Michael	Poulton	Witham RC	Male Master 55
238	00:37:21	121	Andrew	Evans	Ipswich JAFFA	Male Master 45
239	00:37:22	340	Marcus	Green	Stowmarket Striders	Male Senior
240	00:37:24	380	Kril	Shaw	Gt Bentley Running Club	Male Master 60+
241	00:37:25	428	Simon	Lockwood	Ipswich Triathlon Club	Male Master 40
242	00:37:26	448	Phil	Marsden	Ipswich JAFFA	Male Master 50
243	00:37:26	429	Matthew	Eveleigh	Unattached	Male Senior
244	00:37:28	42	Paul	Schwer	Felixstowe Road Runners	Male Master 50
245	00:37:29	409	William	Meador	Capel Cheetahs	Male Master 45
246	00:37:34	193	Andrew	Goulborn	Ipswich JAFFA	Male Master 45
247	00:37:37	395	Jeff	Wiggon	Harwich Runners	Male Master 55
248	00:37:40	249	Stephen	Williams	St Edmund Pacers	Male Master 55
249	00:37:42	210	Paul	Berriman	Unattached	Male Senior
250	00:37:44	492	Darren	Wiley	Gt Bentley Running Club	Male Senior
251	00:37:44	217	William	Burdett	Stowmarket Striders	Male Master 45
252	00:37:47	63	Alex	Morrison	Unattached	Male Master 45
253	00:37:49	158	Paul	Brooks	Ipswich JAFFA	Male Master 40
254	00:37:53	159	Phil	Davies	Ipswich JAFFA	Male Master 45
255	00:37:57	300	Glyn	Peck	Harwich Runners	Male Master 60+
256	00:38:01	96	Peter	Finch	Stowmarket Striders	Male Master 45
257	00:38:01	446	Stuart	Applen	Unattached	Male Master 45
258	00:38:02	351	Ron	Ames	Stowmarket Striders	Male Master 60+
259	00:38:02	457	Linda	Woodard	Felixstowe Road Runners	Female Master 40
260	00:38:10	23	Paul	Gilson	Ipswich JAFFA	Male Master 50
261	00:38:11	17	Richard	Bannister	Felixstowe Road Runners	Male Master 40
262	00:38:12	161	Karen	Mowle	Harwich Runners	Male Master 40
263	00:38:15	384	Mick	Taylor	Unattached	Male Master 55
264	00:38:19	143	Diane	Wooller	Colchester & Tendring AC	Female Master 55+
265	00:38:25	259	David	Daniels	Stowmarket Striders	Male Master 45
266	00:38:29	263	Sarah	Golding	St Edmund Pacers	Female Master 45
267	00:38:30	243	Paul	Bailey	Felixstowe Road Runners	Male Master 45
268	00:38:36	392	David	Howe	Unattached	Male Senior
269	00:38:42	383	Jake	Hammond	Stowmarket Striders	Male Junior
270	00:38:47	241	Azzouz	El-Mahraoui	Unattached	Male Master 40
271	00:38:47	497	Ron	Adams	Unattached	Male Senior
272	00:38:48	313	Tony	Bradford	Unattached	Male Master 45
273	00:38:49	79	Neal	Goldsmith	Ipswich JAFFA	Male Senior
274	00:38:49	77	Andrew	Gemmell	Unattached	Male Master 40
275	00:38:53	371	Daniel	Gould	Team Pink	Male Senior
276	00:38:54	178	Carla	Brown	Unattached	Female Master 35
277	00:38:58	452	Fiona	Coe	Unattached	Female Master 40
278	00:39:03	216	Mark	Avery	Ipswich JAFFA	Male Master 45
279	00:39:05	282	David	Riedel	Unattached	Male Master 55

280	00:39:07	144	Chris	Gladwell	Stowmarket Striders	Male Master 50
281	00:39:08	225	Dee	St-Ledger	Sudbury Joggers AC	Female Master 45
282	00:39:12	416	Colin	Wingate	Unattached	Male Senior
283	00:39:13	112	George	Hughes	Stowmarket Striders	Male Senior
284	00:39:16	301	Colin	Low	Unattached	Male Master 40
285	00:39:18	499	Liz	Cahill	Colchester Harriers AC	Female Master 45
286	00:39:18	135	Mark	Bell	Ipswich JAFFA	Male Senior
287	00:39:19	58	David	Reid	Stowmarket Striders	Male Master 50
288	00:39:19	139	Frank	Moggan	Stowmarket Striders	Male Master 60+
289	00:39:21	127	Harry	Smith	Stowmarket Striders	Male Master 45
290	00:39:22	489	Gary	Taylor	Woodbridge Shufflers	Male Master 45
291	00:39:22	65	Collin	Forester	Stowmarket Striders	Male Master 45
292	00:39:24	147	Christine	Middleton-Burrows	Woodbridge Shufflers	Female Master 40
293	00:39:25	1	Marion	Parker	Felixstowe Road Runners	Female Master 45
294	00:39:28	107	Hazel	Spalding	Ipswich JAFFA	Female Master 50
295	00:39:28	91	Richard	Smith	Felixstowe Road Runners	Male Master 50
296	00:39:34	491	Nicola	Seager	Unattached	Female Senior
297	00:39:34	490	Alan	Doggett	Unattached	Male Senior
298	00:39:35	111	Dianne	Hughes	Stowmarket Striders	Female Master 45
299	00:39:37	171	Katie	Harvey	Bildeston Bounders AC	Female Senior
300	00:39:37	170	Glen	Harvey	Bildeston Bounders AC	Male Master 50
301	00:39:37	192	Rebecca	Clare	Woodbridge Shufflers	Female Master 45
302	00:39:39	239	Samantha	Wing	Thefford AC	Female Senior
303	00:39:39	174	Mick	Sears	Woodbridge Shufflers	Male Master 55
304	00:39:42	316	David	Telling	Unattached	Male Master 45
305	00:39:42	99	Clayton	Fosker	Unattached	Male Senior
306	00:39:51	342	Rebecca	Cook	Run Evolve	Female Senior
307	00:39:53	157	Paul	Theobald	St Edmund Pacers	Male Master 55
308	00:39:55	420	Robert	Chittock	Unattached	Male Senior
309	00:39:55	421	Phil	read	Unattached	Male Senior
310	00:39:55	238	Stephen	Prior	Capel Cheetahs	Male Master 40
311	00:39:59	72	Samantha	Linassi	Felixstowe Road Runners	Female Master 35
312	00:39:59	425	Chris	Howland	Felixstowe Road Runners	Male Master 45
313	00:39:59	123	Emma	Burroughs	Ipswich Harriers	Female Senior
314	00:40:01	344	David	Chapman	Sudbury Joggers AC	Male Master 50
315	00:40:05	363	Martin	West	Harwich Runners	Male Master 60+
316	00:40:06	474	Tacey	Morris	Stowmarket Striders	Female Master 50
317	00:40:10	356	Tony	Weaver	Unattached	Male Master 40
318	00:40:13	15	Dave	Levans	Felixstowe Road Runners	Male Master 45
319	00:40:14	422	Amanda	Martin	St Edmund Pacers	Female Master 40
320	00:40:17	125	Lee	Calver	Unattached	Male Junior
321	00:40:19	129	Frank	Gardiner	Gt Bentley Running Club	Male Master 55
322	00:40:19	271	Suzanne	Heath	Unattached	Female Master 40
323	00:40:21	439	Trevor	Mattews	Harwich Runners	
324	00:40:22	246	Ann	Piercey	Harwich Runners	Female Master 55+
325	00:40:34	173	Wyn	Jones	Felixstowe Road Runners	Male Master 55
326	00:40:37	423	Maria	Hamarsoo	St Edmund Pacers	Female Senior
327	00:40:38	162	Russell	Mowle	Harwich Runners	Male Master 40
328	00:40:49	69	Joanna	Roberts	Unattached	Female Senior
329	00:40:56	295	Louise	Johnson	Ipswich JAFFA	Female Master 35
330	00:40:58	227	Kate	Stannett	Ipswich Triathlon Club	Female Master 45
331	00:41:00	323	James	reed	Woodbridge Shufflers	Unable to place in Cat.
332	00:41:03	466	Harriet	Challis	Stowmarket Striders	Female Senior
333	00:41:07	486	Michaela	Kadauiaia	Ipswich JAFFA	Female Senior
334	00:41:07	485	Nick	Stopley	Unattached	Male Senior
335	00:41:09	9	Eloise	Calver	St Edmund Pacers	Female Master 40
336	00:41:09	281	Joe	Naughton	Unattached	Male Master 45
337	00:41:10	40	Bobbie	Sauerzapf	Bungay Black Dog	Female Master 50

338	00:41:18	68	Alison	Myles	Ipswich JAFFA	Female Master 35
339	00:41:22	369	Dawn	Marshall	St Edmund Pacers	Female Master 45
340	00:41:26	451	Robert	Tillyard	St Edmund Pacers	Male Master 45
341	00:41:28	230	Lex	Carlisle	Gt Bentley Running Club	Female Master 50
342	00:41:31	360	Paul	Blackwell	Gt Bentley Running Club	Male Master 40
343	00:41:32	207	Liz	Cudmore	Colchester Harriers AC	Female Master 55+
344	00:41:36	276	Marion	Simmons	Gt Bentley Running Club	Female Master 45
345	00:41:37	57	Laurence	Gowers	Unattached	Male Senior
346	00:41:37	415	Alex	Kuczer	Unattached	Male Master 40
347	00:41:41	285	Ian	Lightfoot	Unattached	Male Senior
348	00:41:42	12	Karen	Skene	Gt Bentley Running Club	Female Master 40
349	00:41:42	76	Leslie	Basham	Stowmarket Striders	Male Master 60+
350	00:41:45	357	Jane	Holland	Unattached	Female Master 45
351	00:42:53	278	Lorraine	Mills	Stowmarket Striders	Female Master 35
352	00:42:08	290	Mon	Lee	Ipswich JAFFA	Male Master 50
353	00:42:19	116	Jon	Brooks	Unattached	Male Master 40
354	00:42:22	209	Michelle	Berriman	Unattached	Female Master 35
355	00:42:23	64	Vivienne	Woodgate	Felixstowe Road Runners	Female Master 45
356	00:42:24	393	Belinda	Godbold	Ipswich JAFFA	Female Master 50
357	00:42:28	43	Jenny	Jarrett	Felixstowe Road Runners	Female Master 45
358	00:42:33	89	Stephen	Wood	Ipswich JAFFA	Male Master 50
359	00:42:34	269	Wendy	Hughes	Stowmarket Striders	Female Master 50
360	00:42:35	200	Nathan	Pittam	Ipswich JAFFA	Male Senior
361	00:42:36	101	David	Lampard	Felixstowe Road Runners	Male Master 45
362	00:42:40	286	Julie	Haselwood	Ipswich JAFFA	Female Master 55+
363	00:42:42	48	Annabel	Bennett	Felixstowe Road Runners	Female Master 45
364	00:42:43	5	Tim	Finegan	Felixstowe Road Runners	Male Master 45
365	00:42:45	137	Evette	Price	Framlingham Flyers	Female Master 45
366	00:42:53	235	Lorraine	Farley	Stowmarket Striders	Female Master 35
367	00:42:53	498	Darren	Mead	Unattached	Male Master 50
368	00:42:57	268	Susanna	Prichard	Stowmarket Striders	Female Senior
369	00:42:59	407	Christopher	Braddy	Ipswich JAFFA	Male Senior
370	00:43:03	349	Kirsty	White	Sudbury Joggers AC	Female Master 35
371	00:43:07	90	Debbie	Ghant	Stowmarket Striders	Female Master 45
372	00:43:08	252	Claire	Tricker	Stowmarket Striders	Female Senior
373	00:43:10	117	Noel	Kearney	Unattached	Male Master 40
374	00:43:17	289	David	Coley	Felixstowe Road Runners	Male Master 60+
375	00:43:18	469	Debbie	Pemberoke	Capel Cheetahs	Female Master 45
376	00:43:18	46	Mike	Munson	Stowmarket Striders	Male Master 55
377	00:43:21	247	Colin	Harvey	Harwich Runners	Male Master 40
378	00:43:25	362	Tracey	Haddock	Unattached	Female Master 40
379	00:43:25	410	Steven	Mowes	Unattached	Male Master 40
380	00:43:27	330	Sarah	Jobbins	Unattached	Female Master 45
381	00:43:28	6	Teresa	Bailey	Unattached	Female Master 40
382	00:43:28	333	Paul	Smith	Ipswich JAFFA	Male Senior
383	00:43:30	163	Katy	Nash	Stowmarket Striders	Female Master 40
384	00:43:31	61	Les	Smart	Unattached	Male Master 60+
385	00:43:36	160	Angela	Paxon	Harwich Runners	Female Master 35
386	00:43:40	201	Jennifer	Deveney	Stowmarket Striders	Female Senior
387	00:43:42	335	Baz	Algar	Unattached	Male Master 50
388	00:43:44	138	Tony	Adolphus	Ipswich JAFFA	Male Master 50
389	00:43:44	408	Alisa	Meador	Capel Cheetahs	Female Master 40
390	00:43:44	440	Peter	Reeve	Gt Bentley Running Club	Male Master 50
391	00:43:55	228	Charlie	Stannett	Ipswich Triathlon Club	Male Master 55
392	00:44:01	500	Fay	Hellinger	Colchester Harriers AC	Unable to place in Cat.
393	00:44:05	418	Sara	Bloor	The Saxons	Female Master 40
394	00:44:06	346	Don	Welsh	Gt Bentley Running Club	Male Master 50
395	00:44:07	184	Karen	Shelley	Capel Cheetahs	Female Master 45

396	00:44:07	183	Maureen	Wright	Ipswich JAFFA	Female Master 55+
397	00:44:07	294	Keith	Thorogood	Halstead Road Runners	Male Master 55
398	00:44:14	29	Stephen	Reynolds	Unattached	Male Master 50
399	00:44:16	337	Andrew	Leather	Ipswich JAFFA	Male Master 45
400	00:44:20	465	Susanne	Bloomfield	Stowmarket Striders	Female Master 40
401	00:44:24	397	Simon	Palmer	Ipswich Triathlon Club	Male Master 55
402	00:44:30	484	Matt	Johnson	Unattached	Male Senior
403	00:44:41	481	Hollie	Morris	Stowmarket Striders	Female Senior
404	00:44:41	359	K	Gery	Unattached	Female Master 40
405	00:44:48	19	Kate	Pearsall	Unattached	Female Senior
406	00:44:49	406	Gary	Lloyd	Unattached	Male Master 45
407	00:44:49	411	Trevor	Bevies	Unattached	Male Master 45
408	00:44:49	245	Donna	Talbot	St Edmund Pacers	Female Senior
409	00:44:50	261	Mick	Mulley	Unattached	Male Master 50
410	00:44:52	84	Moir	Pinkney	Ipswich Triathlon Club	Female Master 55+
411	00:44:52	270	Isabelle	Calasi	Unattached	Female Senior
412	00:44:53	38	Anita	Bond	Unattached	Female Master 45
413	00:44:54	398	Sue	Hargadon	Ipswich Triathlon Club	Female Master 55+
414	00:44:58	348	Adrian	Downey	Unattached	Male Senior
415	00:44:58	347	Donna	Sperling	Unattached	Female Senior
416	00:45:02	488	Debbie	Taylor	Unattached	Female Master 45
417	00:45:18	172	Bert	Hatcher	Ipswich JAFFA	Male Master 60+
418	00:45:18	218	Sandra	Sidol	Unattached	Female Master 45
419	00:45:22	476	Denise	Wright	Stowmarket Striders	Female Master 45
420	00:45:22	427	Shirly	Brame	Stowmarket Striders	Female Master 40
421	00:45:24	308	Graeme	Maxwell	Unattached	Male Master 45
422	00:45:35	321	Sue	Sorrell	Gt Bentley Running Club	Female Master 40
423	00:45:35	35	Clair	Block	Harwich Runners	Female Senior
424	00:45:36	368	Louise	Papworth	Harwich Runners	Female Master 35
425	00:45:41	95	Julie	Thurlow	Ipswich JAFFA	Female Master 55+
426	00:45:41	272	Laura	Gilmore	Framlingham Flyers	Female Master 40
427	00:45:41	221	Gill	Ivine	Framlingham Flyers	Female Senior
428	00:45:44	456	Cindi	Sheedman	Unattached	Female Master 45
429	00:45:46	185	Chris	Hayes	Gt Bentley Running Club	Male Master 50
430	00:45:50	417	Helle	Muschamp	Unattached	Unable to place in Cat.
431	00:45:52	382	Liz	Stones	Unattached	Female Master 45
432	00:46:00	443	Robert	Laithwaite	Ipswich JAFFA	Male Master 50
433	00:46:03	277	Julie	Wright	Unattached	Female Master 50
434	00:46:06	454	Joanna	King	Unattached	Unable to place in Cat.
435	00:46:06	400	Caroline	Chapman	Capel Cheetahs	Female Master 50
436	00:46:11	353	Lee	Jacobs	Unattached	Male Senior
437	00:46:11	103	Anne	Baxter	Gt Bentley Running Club	Female Master 45
438	00:46:15	86	Paul	Trevelyan	Unattached	Male Master 50
439	00:46:22	483	Kirstie	Flower	Unattached	Female Master 35
440	00:46:23	495	Karen	Eaton	Unattached	Female Master 40
441	00:46:26	156	Ivan	Spouge	Stowmarket Striders	Male Master 45
442	00:46:32	16	Maranda	Rayner	Harwich Runners	Female Master 40
443	00:46:32	258	Marianne	Burnell	Ipswich JAFFA	Female Master 55+
444	00:46:36	399	Sarah	Wood	Ipswich JAFFA	Female Senior
445	00:46:47	331	Nick	Hussins	Stowmarket Striders	Male Master 55
446	00:46:55	54	Mel	Chittock	Unattached	Male Master 55
447	00:47:18	426	Mary	Akin-George	Unattached	Female Master 35
448	00:47:18	214	Zoe	Mason	Stowmarket Striders	Female Senior
449	00:47:39	311	Rachel	Champion	Stowmarket Striders	Female Master 40
450	00:47:50	237	Amanda	Prior	Capel Cheetahs	Female Master 40
451	00:47:59	204	Tracey	Morgan	Unattached	Female Master 40
452	00:48:30	412	Rod	Burrows	Unattached	Male Master 60+
453	00:48:38	310	Vikki	Shaw	Unattached	Female Senior

454	00:48:45	142	Laura	Burrows	Ipswich JAFFA	Female Senior
455	00:48:59	50	Jo	Dickinson	Felixstowe Road Runners	Female Master 40
456	00:49:03	55	Lisa	Gaughan	Capel Cheetahs	Female Master 40
457	00:49:11	108	Paul	Cheshire	Unattached	Male Master 40
458	00:49:15	195	Melissa	Wilkins	Unattached	Female Senior
459	00:49:16	433	Mary	Hayward	Stowmarket Striders	Female Master 55+
460	00:49:18	467	Tracy	Rose	Stowmarket Striders	Female Master 40
461	00:49:24	432	Denise	Robingson	Stowmarket Striders	Female Master 50
462	00:49:42	453	Julian	Wiseman	Framlingham Flyers	Male Master 50
463	00:50:07	250	Janet	Lomas	Framlingham Flyers	Female Master 40
464	00:50:11	223	Gillian	Benjamin	Colchester Harriers AC	Female Master 50
465	00:50:43	226	Stephanie	Nichols	St Edmund Pacers	Female Master 40
466	00:50:58	3	Carla	Johnson	Felixstowe Road Runners	Female Senior
467	00:50:59	402	Mila	Burls	Harwich Runners	Female Master 35
468	00:51:17	93	Philip	Nutley	St Edmund Pacers	Male Master 60+
469	00:52:45	140	Sue	Moggan	Stowmarket Striders	Female Master 55+
470	00:53:22	274	Jan	Green	Framlingham Flyers	Female Master 55+
471	00:53:58	104	Sabine	Klapper	Harwich Runners	Female Master 45
472	00:54:35	444	David	Nugent	Gt Bentley Running Club	Male Master 60+
473	00:56:15	208	Emma	Bauley	Felixstowe Road Runners	Female Senior
474	01:00:36	126	Harold	Bennett	Unattached	Male Master 60+
475	01:02:55	94	Moya	Love	Unattached	Female Master 55+
476	01:02:55	80	Pauline	Bell	Unattached	Female Master 55+
	dns/dnf	24	Stephen	Pugh	Ipswich JAFFA	Male Master 50
	dns/dnf	32	Kate	Hendy	Felixstowe Road Runners	Male Master 50
	dns/dnf	33	Helen	Edwards	Unattached	Female Master 45
	dns/dnf	37	Kevin	Marshall	Ilford AC	Male Master 50
	dns/dnf	59	Ray	Roberts	Felixstowe Road Runners	Male Master 60+
	dns/dnf	87	Gail	Pryke	Ipswich JAFFA	Female Master 50
	dns/dnf	100	Dale	Mandell	Woodbridge Shufflers	Male Senior
	dns/dnf	102	Kaye	Brandon	Felixstowe Road Runners	Male Master 40
	dns/dnf	118	Colin	Lewis	Unattached	Male Master 45
	dns/dnf	122	Stuart	Green	Stowmarket Striders	Male Master 50
	dns/dnf	141	Ryan	Edwards	St Edmund Pacers	Male Senior
	dns/dnf	145	Alex	Wilson	Sudbury Joggers AC	Male Senior
	dns/dnf	146	Carla	Holroyd	Harwich Runners	Female Master 50
	dns/dnf	149	Amanda	Henry	Sudbury Joggers AC	Female Master 35
	dns/dnf	150	Lisa	Smith	Unattached	Female Senior
	dns/dnf	151	Ian	Freeman	St Edmund Pacers	Male Master 60+
	dns/dnf	167	Andrew	Gordon	Felixstowe Road Runners	Male Senior
	dns/dnf	169	Kim	Caplin	Unattached	Male Master 40
	dns/dnf	175	Carol	Nokes	Hadleigh Hares A.C.	Female Master 50
	dns/dnf	179	Rachel	Richardson-Wright	Colchester Harriers AC	Female Master 45
	dns/dnf	180	Charlotte	Smith	Colchester Harriers AC	Female Senior
	dns/dnf	196	Mark	Sly	Woodbridge Shufflers	Male Master 50
	dns/dnf	224	Thomas	Hammond	Stowmarket Striders	Male Junior
	dns/dnf	231	Paul	Carlisle	Gt Bentley Running Club	Male Master 50
	dns/dnf	232	Jane	Smith	Grange Farm & Dunmow Runners	Female Master 40
	dns/dnf	251	Mark	Andrews	Purple Patch Runners	Male Master 40
	dns/dnf	264	Rebecca	Guy	St Edmund Pacers	Female Senior
	dns/dnf	265	Matthew	Dorey	Unattached	Male Senior
	dns/dnf	267	Sandra	Mayhew	Stowmarket Striders	Female Master 45
	dns/dnf	291	Adam	Keeble	Unattached	Male Senior