

SUFFOLK WINTER CROSS COUNTRY LEAGUE 2011/12

FRAMLINGHAM SENIORS

POSITION		POINTS		RUNNER			INDIVIDUAL		
O/L	M	F	M	F	TIME	NAME	CLUB	CAT	POS
1	1		171		25.17	Steve Robinson	PA	M 20	1
2	2		170		26.05	Adam Thomas	WV	M 20	2
3	3		169		26.16	Ross Fawcett	IH	M 17	1
4	4		168		26.21	Simon Dawson	WS	M 17	2
5	5		167		26.33	Paul Holley	NS	M 45	1
6	6		166		26.56	Nick Palmer	ST	M 20	3
7	7		165		27.03	Andy Taylor	PA	M 20	4
8	8		164		27.05	Vincent Coogan	NS	M 20	5
9	9		163		27.11	Charlie Fowler	NS	M 20	6
10	10		162		27.28	Ben Caisey	IT	M 20	7
11	11		161		27.40	Simon Gardiner	IH	M 20	8
12	12		160		27.44	Robert Cheverton	WV	M 55	1
13	13		159		27.54	Kevin Vaughan	PA	M 45	2
14	14		158		28.17	Tom Cresswell	NS	M 20	9
15	15		157		28.18	Colin Ridley	WS	M 45	3
16	16		156		28.33	Adi Barbrooke	WT	M 20	10
17	17		155		28.46	Martin Wilson	WT	M 20	11
18	18		154		28.55	Paul Preston	NS	M 20	12
19	19		153		28.55	Nick Smith	PA	M 20	13
20	20		152		29.05	Julian Long	PA	M 20	14
21	21		151		29.13	Tom Jarrett	IT	M 20	15
22	22		150		29.18	Mark Reynard	ST	M 20	16
23	23		149		29.20	Darren Sheppard	FS	M 40	1
24	24		148		29.21	Ben Green	IT	M 17	3
25	25		147		29.22	Glenn Douglas	PA	M 20	17
26	26		146		29.24	Ricky Peacher	FS	M 20	18
27	27		145		29.35	Mark Pinney	FE	M 45	4
28	28		144		29.47	Alan Cooney	FS	M 20	19
29	29		143		29.50	Simon Phillips	PA	M 20	20
30	30		142		29.51	David Soloman	FE	M 40	2
31	31		141		29.53	Mark Garrett	WV	M 45	5
32	32		140		29.54	Jim Last	FS	M 20	21
33	33		139		29.56	Joseph Kirton	TH	M 17	4
34	34		138		30.07	John Wankowski	IT	M 20	22
35	35		137		30.17	Jason Taylor	FE	M 45	6
36	36		136		30.20	Chris Starmer	ST	M 50	1
37	37		135		30.29	Ben Blowes	NS	M 20	23
38	38		134		30.32	Goy Roper	WV	M 45	7
39	39		133		30.38	Andy Buck	NS	M 45	8
40	40		132		30.39	Chris Pimlott	WV	M 20	24
41	41		131		30.40	Neil Dinwiddie	FS	M 20	25
42	42		130		30.48	Will Law	FS	M 20	26
43	43		129		30.49	Brian Munns	NS	M 45	9
44	44		128		30.50	Matthew Harrison	IH	M 20	27
45	45		127		30.52	Paul Sullivan	WV	M 45	10
46	46		126		30.53	Graham Pattle	IH	M 20	28
47	47		125		30.56	Paul Brown	FS	M 45	11
48	48		124		31.01	Ker Macrosson	ST	M 55	2
49		1		88	31.04	Laura Odell	IH	F 20	1

50	49	123	31.21	James Wilson	FS	M 20	29	
51	50	122	31.30	Seb Herrod	WV	M 20	30	
52		2	87	31.32	Tracey Curl	WV	F 45	1
53	51	121	31.34	Alex Cairns	NS	M 20	31	
54	52	120	31.36	Iain Milligan	WT	M 20	32	
55	53	119	31.40	Steve Le Poidevin	PA	M 45	12	
56	54	118	31.42	Richard Rhodes	BD	M 50	2	
57	55	117	31.42	Pete Williams	IT	M 45	13	
58	56	116	31.45	Chris Cooke	PA	M 50	3	
59	57	115	31.49	Chris Seymour	ST	M 40	3	
60		3	86	32.00	Lynn Emmett	BD	F 40	1
61	58	114	32.09	Adrian Peake	ST	M 45	14	
62	59	113	32.15	Steve Hughes	ST	M 45	15	
63	60	112	32.20	Tim Earl	WV	M 20	33	
64	61	111	32.20	Joe Hornsey	BD	M 20	34	
65		4	85	32.20	Nicky Brinkman	WT	F 35	1
66	62	110	32.26	Steven Brooke	FE	M 40	4	
67	63	109	32.30	Cliff Bailey	TH	M 50	4	
68	64	108	32.31	Derrick Smith	IT	M 55	3	
69	65	107	32.36	Neil Gillingham	IH	M 20	35	
70	66	106	32.37	Dale Mandell	FS	M 20	36	
71	67	105	32.39	Chris Chorley	BD	M 45	16	
72	68	104	32.42	Neville Clarke	NS	M 55	4	
73	69	103	32.47	Jason Beeton	NS	M 20	37	
74	70	102	32.48	Ian Gooderham	PA	M 40	5	
75	71	101	32.49	Mark Watts	PA	M 45	17	
76		5	84	32.52	Lucy Barnes	IH	F 17	1
77	72	100	32.54	Steve Edwards	NS	M 45	18	
78	73	99	32.56	Chris Booth	WV	M 20	38	
79	74	98	32.56	Roger Ackerley	FS	M 50	5	
80	75	97	32.59	Richard Narey	ST	M 45	19	
81	76	96	33.01	Rob Mackenzie	FS	M 45	20	
82	77	95	33.06	Russell Breyer	IT	M 45	21	
83	78	94	33.10	Andy Green	ST	M 40	6	
84	79	93	33.11	Phil Bower	TH	M 50	6	
85	80	92	33.24	Jonathan Comyn	WV	M 20	39	
86	81	91	33.37	Christian Pawsey	FS	M 45	22	
87	82	90	33.47	Chris Jones	FS	M 50	7	
88	83	89	33.49	Peter Bird	PA	M 20	40	
89		6	83	33.50	Laura Hicks	ST	F 20	2
90	84	88	33.51	Peter Mills	ST	M 55	5	
91	85	87	33.51	Jim Withers	NS	M 55	6	
92	86	86	33.57	Kenneth Tovell	FS	M 40	7	
93	87	85	33.59	Oliver Norman	IH	M 17	5	
94		7	82	34.00	Elies Mann	WV	F 35	2
95	88	84	34.03	Robin Harper	FE	M 20	41	
96	89	83	34.09	Nathan Watson	FS	M 20	42	
97	90	82	34.09	Jeff Agrilong	WT	M 45	23	
98	91	81	34.11	Bill Kingaby	WV	M 55	7	
99		8	81	34.14	Mary Narey	ST	F 40	2
100		9	80	34.15	Gail Pryke	FS	F 50	1
101	92	80	34.21	Tony Cantle	TH	M 50	8	
102	93	79	34.26	Nigel Herrod	WV	M 55	8	
103		10	79	34.26	Chloe Jennings	PA	F 20	3

104	94	78	34.29	Richard Nash	ST	M 20	43	
105	95	77	34.32	Phil Clarke	WT	M 20	44	
106	96	76	34.35	Darrell Oldman	BD	M 45	24	
107		11	78	34.36	Claire Caiger	IH	F 17	2
108	97	75	34.43	Kevin Bird	ST	M 45	25	
109	98	74	34.45	Tony Bradford	FE	M 45	26	
110	99	73	34.48	Mike Troup	PA	M 55	9	
111		12	77	34.51	Ursula White	NS	F 35	3
112		13	76	34.58	Stacey Owen	TH	F 20	4
113	100	72	35.01	Adam Etches	NS	M 20	45	
114	101	71	35.04	Lee Phillips	FS	M 20	46	
115	102	70	35.09	Andy Cox	FE	M 45	27	
116	103	69	35.18	Oliver Minns	IH	M 17	6	
117	104	68	35.22	Kevin Pywell	GY	M 50	9	
118	105	67	35.29	Roly Shaw	BD	M 55	10	
119	106	66	35.33	Stephen Shaw	FE	M 40	8	
120	107	65	35.39	Jeremy Smith	IH	M 40	9	
121	108	64	35.41	Kim Swan	PA	M 50	10	
122	109	63	35.46	Martin Little	ST	M 40	10	
123	110	62	35.51	Alex Wilson	NS	M 40	11	
124	111	61	35.52	Stephen Williams	PA	M 55	11	
125		14	75	35.54	Haley Suttle	ST	F 45	2
126	112	60	35.56	Kevin Booth	WV	M 45	28	
127	113	59	35.59	Mark Sargeantson	FS	M 55	12	
128	114	58	36.01	Ian Mace	FS	M 50	11	
129	115	57	36.10	Chris Cook	PA	M 60	1	
130	116	56	36.16	Wayne Tilbury-Larter	FS	M 20	47	
131	117	55	36.16	James McKenzie	FS	M 20	48	
132		15	74	36.19	Samantha Wing	TH	F 20	5
133		16	73	36.27	Claire Hoblin	PA	F 45	3
134		17	72	36.28	Helen Hornsey	BD	F 20	6
135	118	54	36.33	Richard Allport	FE	M 45	29	
136		18	71	36.35	Dawn Carver	WV	F 45	4
137	119	53	36.42	Julian Colman	WT	M 50	12	
138	120	52	36.45	James Seinet-Martin	FE	M 20	49	
139	121	51	36.48	David Gilbert	BD	M 45	30	
140	122	50	36.59	Angus Western	FS	M 40	12	
141	123	49	37.02	Brian Wright	TH	M 55	13	
142	124	48	37.04	Clive Purbrook	NS	M 55	14	
143		19	70	37.07	Emma Burroughs	IH	F 17	3
144		20	69	37.08	Sirka Love	NS	F 55	1
145	125	47	37.17	Stuart Abbott	FS	M 20	50	
146	126	46	37.26	Simon Whalley	PA	M 45	31	
147	127	45	37.34	Paul Wigans	FS	M 50	13	
148	128	44	37.39	Jonathan Price	NS	M 60	2	
149		21	68	37.53	Heather Collinson	IT	F 35	4
150	129	43	38.01	Tony Burdett	ST	M 45	32	
151		22	67	38.03	Susannah Rush	NS	F 40	3
152	130	42	38.05	David Watson	FS	M 55	15	
153		23	66	38.08	Sandy Thorogood	NS	F 45	5
154	131	41	38.12	Simon Green	IT	M 55	16	
155	132	40	38.14	George Wreathall	PA	M 50	14	
156	133	39	38.18	Steve Seinet-Martin	FE	M 55	17	
157	134	38	38.20	Bruce Rayner	BD	M 50	15	

158	135	37	38.23	Mark Bell	FS	M 20	51
159	136	36	38.28	Dominic Turner	NS	M 40	13
160	137	35	38.32	John Moody	IT	M 20	52
161	24	65	38.33	Marion Walker	FS	F 55	2
162	138	34	38.42	Daniel Jones	IH	M 20	53
163	139	33	38.45	David Taylor	FS	M 60	3
164	140	32	38.47	Gary Hutchings	FS	M 50	16
165	25	64	38.49	Maire O'Brien	PA	F 45	6
166	26	63	38.58	Sarah Bradley	WV	F 45	7
167	141	31	39.05	Bob Paul	BD	M 55	18
168	27	62	39.07	Rebecca Clare	FS	F 45	8
169	28	61	39.07	Alex Smith	ST	F 35	5
170	29	60	39.17	Sharon Calton	WT	F 40	4
171	30	59	39.24	Sally Pearce	FE	F 50	2
172	31	58	39.33	Ann Millett	WV	F 55	3
173	142	30	39.37	Steve Oldman	BD	M 45	33
174	32	57	39.46	Paula Dye	IT	F 45	9
175	143	29	39.50	Tim Power	FS	M 60	4
176	33	56	39.52	Rebecca Peck	FS	F 40	5
177	144	28	39.52	Tim Emery	FE	M 45	34
178	34	55	39.54	Bobbie Sauerzapf	BD	F 50	3
179	35	54	40.01	Dee St Leger	NS	F 45	10
180	36	53	40.07	Mel Roberts	FS	F 50	4
181	37	52	40.13	Mandy Bunn	NS	F 40	6
182	38	51	40.30	Karen Page	PA	F 40	7
183	145	27	40.33	Mark Miller	ST	M 40	14
184	146	26	40.40	Tony Tyler	TH	M 50	17
185	39	50	40.48	Eloise Calver	PA	F 40	8
186	40	49	41.00	Tracey Morris	ST	F 50	5
187	41	48	41.08	Kate Stannett	IT	F 50	6
188	147	25	41.19	Paul Kerridge	FS	M 45	35
189	148	24	41.28	Bill Cox	FS	M 65	1
190	42	47	41.32	Lisa Cox	FE	F 35	6
191	149	23	41.43	Chris Hinnit	WT	M 20	54
192	43	46	41.57	Jenny Bird	ST	F 40	9
193	44	45	41.59	Gill Dinwiddie	FS	F 20	7
194	45	44	42.11	Marion Parker	FE	F 45	11
195	46	43	42.29	Annabel Bennett	FE	F 45	12
196	47	42	42.35	Maria Hamersoo	PA	F 20	8
197	48	41	42.38	Sara Bloor	FS	F 40	10
198	49	40	42.48	Sue Stoten	NS	F 45	13
199	150	22	42.53	Richard Fellingham	ST	M 60	5
200	50	39	42.55	Angela Barnes	NS	F 20	9
201	51	38	42.57	Belinda Schofield	NS	F 55	4
202	52	37	43.19	Marjie Davis	NS	F 45	14
203	53	36	43.35	Sally Watson	FS	F 55	5
204	54	35	43.47	Karen McMorran	BD	F 35	7
205	151	21	43.47	Gary McMorran	BD	M 40	15
206	55	34	43.57	Viv Taylor	FS	F 55	6
207	56	33	43.59	Kaye Branton	FE	F 40	11
208	57	32	44.05	Susanna Pritchard	ST	F 20	10
209	152	20	44.07	Chris Aylmer	NS	M 60	6
210	58	31	44.24	Jenny Jarrett	FE	F 45	15
211	59	30	44.27	Anita Tetley	ST	F 40	12

212	60	29	44.36	Dawn Mason	WS	F 50	7
213	61	28	44.48	Corrina Smith	TH	F 40	13
214	153	19	44.59	Andy Bond	ST	M 60	7
215	62	27	44.59	Diana Thomas	NS	F 20	11
216	154	18	45.14	Ivan Coleman	WV	M 45	36
217	63	26	45.17	Susan Wright	BD	F 40	14
218	155	17	45.29	Malcolm Hogarth	ST	M 50	18
219	64	25	45.39	Judy Potter	BD	F 65	1
220	156	16	46.04	Tony Fuller	IH	M 55	19
221	65	24	46.13	Sue Hargadon	IT	F 55	7
222	66	23	46.33	Karen Waters	BD	F 40	15
223	67	22	46.40	Tamsin Desborough	GY	F 17	4
224	157	15	46.43	Jim King	ST	M 65	2
225	158	14	46.48	Philip Beer	ST	M 45	37
226	68	21	46.49	Kate Beer	ST	F 40	16
227	159	13	47.17	Barry Palmer	DI	M 40	16
228	69	20	47.43	Catharine Carfoot	WV	F 35	8
229	160	12	47.44	Robin Farrar	BD	M 65	3
230	70	19	47.50	Dawn Pretty	FS	F 45	16
231	161	11	48.31	David Coley	FE	M 60	8
232	71	18	49.23	Dawn D'Amarco	WT	F 35	9
233	72	17	49.46	Jo Clifton	FS	F 40	17
234	73	16	49.52	Ali Chambers	FS	F 35	10
235	162	10	49.59	Ian Ash	BD	M 65	4
236	74	15	50.24	Katy Hackett	FS	F 20	12
237	75	14	51.11	Diane Doyle	FS	F 20	13
238	76	13	51.31	Nicole Mowlam	WT	F 40	18
239	77	12	53.26	Lisa Jennings	NS	F 40	19
240	78	11	58.17	Jenny Hill	BD	F 60	1
241	79	10	60.27	Wendy Merfield	FS	F 70	1